

INFORMATION | INTELLIGENCE | PERFORMANCE

Instant load tracking for your athletes
Available now on your system



## Introducing

# THE LOAD MANAGER

by The Sports Office

A new cutting edge feature that will allow you to quickly view the training and playing loads on your athletes.













#### **INFORMATION**

Easily input and collect data

- Collect data from all departments of your organisation.
- Import GPS from any provider.
- Use calculated workloads from coaching and gym sessions.
- Collect data from wellbeing surveys, Medical tests, Fitness tests and performance KPI's.



### INTELLIGENCE

Make sense of your data

- View data according to a number of different interpretations including acute:chronic ratio.
- Quickly see alerts for player wellbeing, monitoring and testing
- Fully customise charts to show data exactly how you wish to see it.
- View data over a prolonged time series of your choice.
- Look for relationships between player load and other performance metrics to identify trends.
- Overlay other captured data on your charts for further analysis.



#### PERFORMANCE

Improve performance

- Use the insight of The Load Manager to make informed decisions on players and team selections.
- Manage player loads to improve player and team performance in competition.
- See all areas of player wellbeing and load in the one area.



